

[Hitting Times]

★def: given a Markov chain with state space Ω , the hitting time T_A of a subset $A \subseteq \Omega$ is the first time one of the nodes in A is visited by the chain.

So if (X_t) is a random walk,

$$T_A = \min \{t \geq 0 : X_t \in A\}$$

→ recall $T^x = \min \{t \geq 1 : X_t = x\}$ from section 1.5.3
(called the first return time when $X_0 = x$)
was used to build a stationary distribution.

10.2 Random Target Times:

Lemma 10.1: (Random Target Lemma)

for an irreducible Markov chain with state space Ω , transition matrix P , and stationary distribution π , the quantity $\sum_{x \in \Omega} E_a(T_x) \pi(x)$ does not depend on $a \in \Omega$.

proof: let $h_x(a) = E_a(T_x)$.

if $x \neq a$,

$$h_x(a) = \sum_{y \in \Omega} E_a(T_x | X_1 = y) P(a, y) = \sum_{y \in \Omega} (1 + h_x(y)) P(a, y) = (Ph_x)(a) + 1$$

$$\text{so that } (Ph_x)(a) = h_x(a) - 1$$

if $x = a$, then

$$E_a(T_a) = \sum_{y \in \Omega} E_a(T_a | X_1 = y) P(a, y) = \sum_{y \in \Omega} (1 + h_a(y)) P(a, y) = 1 + (Ph_a)(a)$$

cont.
→

proof (continued)

$$\text{since } E_a(\tau_a^+) = \pi(a)^{-1},$$

$$(Ph_a)(a) = \frac{1}{\pi(a)} - 1$$

thus letting $h(a) := \sum_{x \in \Omega} h_x(a) \pi(x)$ we have that

$$(Ph)(a) = \sum_{x \in \Omega} (Ph_x)(a) \pi(x) = \sum_{x \neq a} (h_x(a) - 1) \pi(x) + \pi(a) \left(\frac{1}{\pi(a)} - 1 \right)$$

now setting $h_a(a) = 0$ and simplifying, we have

$$(Ph)(a) = h(a) \quad \text{and thus } h \text{ is harmonic.}$$

→ from lemma 1.16 we can show h is a constant function. ■

note: lemma 10.1 implies that if we choose a state $y \in \Omega$ according to π , the expected time to hit the "random target" state y starting from a state a does not depend on a .

*def: the target time of an irreducible chain is defined to be

$$t_0 := \sum_{x \in \Omega} E_a(\tau_x) \pi(x) = E_\pi(\tau_\pi)$$

→ since t_0 doesn't depend on starting state a ,

$$t_0 = \sum_{x, y \in \Omega} \pi(x) \pi(y) E_x(\tau_y) = E_\pi(\tau_\pi)$$

→ we define the worst-case hitting times between states of the chain to be

$$t_{\text{hit}} := \max_{x, y \in \Omega} E_x(\tau_y)$$

□ lemma 10.2: for an irreducible Markov Chain with state space Ω and stationary distribution π ,

$$t_{\text{hit}} \leq 2 \max_w E_{\pi}(T_w)$$

proof: for all $a, y \in \Omega$ we have

$E_a(T_y) \leq E_a(T_{\pi}) + E_{\pi}(T_y)$ since the chain goes from a to y via a random state x chosen according to π .
 By the previous lemma we have that

$$E_a(T_{\pi}) = E_{\pi}(T_{\pi}) \leq \max_w E_{\pi}(T_w)$$

and putting these two equations together we get

$$\begin{aligned} E_a(T_y) &\leq E_a(T_{\pi}) + E_{\pi}(T_y) = E_{\pi}(T_{\pi}) + E_{\pi}(T_{\pi}) = 2E_{\pi}(T_{\pi}) \\ &\leq 2 \max_w E_{\pi}(T_w) \end{aligned}$$

so we get the desired result. ■

note: for a transitive chain, for any b

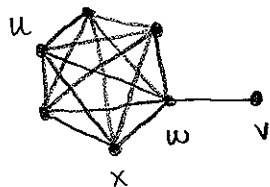
$$t_0 = E_{\pi}(T_{\pi}) = \sum_{x \in \Omega} E_a(T_x) \pi(x) = \sum_{x, y \in \Omega} \pi(y) E_y(T_x) \pi(x) = E_{\pi}(T_b)$$

□ corollary: for an irreducible transitive Markov chain,

$$t_{\text{hit}} \leq 2t_0$$

note: when the chain isn't transitive, t_{hit} might be a lot larger than t_0

[ex 10.4] consider a random walk on a complete graph on n vertices with a leaf attached to one vertex.



let v be the leaf and let w be the neighbor of the leaf.

☆ def: we call the other vertices ordinary.

let the initial state of the walk be v . Now the first return time to v satisfies both

$$E_v T_v^+ = E_v T_w + E_w T_v = 1 + E_w T_v \quad \text{and}$$

$$E_v T_v^+ = \frac{1}{\pi(v)} = \frac{2\left(\binom{n}{2} + 1\right)}{1} = n^2 - n + 2$$

therefore $E_w T_v = n^2 - n + 1 \leq t_{\text{hit}}$.

Now by the random target lemma we can start to estimate t_0 . So starting at v , $E_v T_v = 0$ while $E_v T_w = 1$ and $E_v T_u = 1 + E_w T_u$ for ordinary vertex u .

→ how long does it take to get from w to u on average?

let x be another ordinary vertex. by conditioning on the first step of the walk and exploiting symmetry,

$$E_w T_u = 1 + \frac{1}{n} (E_v T_u + (n-2) E_x T_u)$$

$$= 1 + \frac{1}{n} (1 + E_w T_u + (n-2) E_x T_u) \quad \text{and}$$

$$E_x T_u = 1 + \frac{1}{n-1} (E_w T_u + (n-3) E_x T_u).$$

so this gives us a system of equations of two "variables" $E_w T_u$ and $E_x T_u$

(continued)

solving this yields

$$E_w T_u = \frac{n^2 - n + 4}{n} = \mathcal{O}(n) \quad \text{and} \quad E_x T_u = \frac{n^2 - n + 2}{n} = \mathcal{O}(n)$$

so now considering only $E_w T_u$

$$\begin{aligned} t_0 = E_v T_\pi &= \pi(v)(0) + \pi(w)(1) + (n-1)\pi(u)\mathcal{O}(n) \\ &= \frac{1(0) + n(1) + (n-1)^2\mathcal{O}(n)}{2\left(\binom{n}{2} + 1\right)} = \mathcal{O}(n) \ll t_{hit} \end{aligned}$$

10.3 Commute Time:

★ def: the commute time between nodes a and b in a network is the time it takes to move from a to b then back to a :

$$T_{a,b} = \min \{ t \geq T_b : X_t = a \}$$

assuming $X_0 = a$.

→ commute time can be computed/estimated using resistance (commute time identity)

note: in graphs for which $E_a(T_b) = E_b(T_a)$, the expected hitting time is half the commute time.

⇒ estimating the commute time can estimate the hitting time.

(Commuter Time Identity).

(6)

□ lemma 10.5: If τ is a stopping time for a finite and irreducible Markov chain satisfying $P_a\{X_\tau = a\} = 1$ and Green's function $G_\tau(a, x)$, then $\forall x$

$$\frac{G_\tau(a, x)}{E_a(\tau)} = \pi(x).$$

(exercise 10.1 asks us to prove this).

→ recall $G_\tau(a, x) = E_a(\text{\# of visits to } x \text{ before } \tau)$

□ proposition 10.6 (commuter time identity)

let $(G, \{c(e)\})$ be a network and let (X_t) be the random walk on this network. For any nodes a and b in V , let $\tau_{a,b}$ be the commute time between a and b . Then

$$E_a(\tau_{a,b}) = E_a(\tau_b) + E_b(\tau_a) = C_G R(a \leftrightarrow b)$$

→ recall $c(x) = \sum_{y \sim x} c(x, y)$ and $C_G = \sum_{x \in V} c(x) = 2 \sum_{e \in E} c(e)$

proof:

by lemma 10.5, $\frac{G_{\tau_{a,b}}(a, a)}{E_a(\tau_{a,b})} = \pi(a) = \frac{c(a)}{C_G}$ so by

definition, after visiting b , the chain does not visit a until time $\tau_{a,b}$ so $G_{\tau_{a,b}}(a, a) = G_{\tau_b}(a, a)$. Now by

lemma 9.6 we have $G_{\tau_b}(a, a) = c(a)R(a \leftrightarrow z)$.

cont →

proof (continued)

so by putting this together we have that

$$\frac{G_{T_b}(a,a)}{E_a(T_{a,b})} = \frac{c(a)}{c_G} \quad \text{and} \quad G_{T_b}(a,a) = c(a)R(a \leftrightarrow b)$$

and therefore $E_a(T_{a,b}) = c_G R(a \leftrightarrow b)$ which can be found by solving for $E_a(T_{a,b})$. ■

☆def: a network $\langle G, \{c(e)\} \rangle$ is transitive if for any pair of vertices $x, y \in V$, $\exists$ a permutation $\Psi_{x,y}: V \rightarrow V$ with $\Psi_{x,y}(x) = y$ and $c(\Psi_{x,y}(u), \Psi_{x,y}(v)) = c(u, v) \quad \forall u, v \in V$.

□ corollary: resistance R satisfies the triangle inequality; if a, b, c are vertices, then $R(a \leftrightarrow c) \leq R(a \leftrightarrow b) + R(b \leftrightarrow c)$.

□ lemma 10.10: for any three states a, b, c of a reversible Markov chain,

$$E_a(T_b) + E_b(T_c) + E_c(T_a) = E_a(T_c) + E_c(T_b) + E_b(T_a)$$

or rewording this $E_a(T_{bca}) = E_a(T_{cba})$.

→ we're not going to prove this.

□ proposition 10.9:

for a random walk on a transitive connected graph G , for any vertices $a, b \in V$,

$$E_a(T_b) = E_b(T_a).$$

proof of prop 10.9 :

let Ψ be the mapping previously defined, with $u=a$ and $v=b$. let $a_0=a$, $a_j = \Psi^{(j)}(a_0)$ for $j \geq 1$, where $\Psi^{(j)}$ denotes the j th iterate of Ψ .

the sequence $a_0, a_1, \dots$ will return to a_0 eventually; so say $a_m = a_0$ $m > 0$. the function $\Psi^{(j)}$ takes a, b to a_j, a_{j+1} . So for any j , $E_{a_j}(\tau_{a_{j+1}}) = E_a(\tau_b)$ and summing over j from 0 to $m-1$, we obtain $E_{a_0}(\tau_{a_1} \tau_{a_2} \dots \tau_{a_{m-1}} a_0) = m E_a(\tau_b)$ and similarly $E_{a_0}(\tau_{a_{m-1}} \tau_{a_{m-2}} \dots \tau_{a_1} a_0) = m E_b(\tau_a)$.

so we can see the left hand side of these two equations are the same, and so our result follows. $\square$

10.5: Bounding Mixing Times via Hitting Times

GOAL: we want to prove

$\square$ Theorem 10.14: consider the finite reversible chain with transition matrix P and stationary distribution π on Ω

i) for all $m \geq 0$ and $x \in \Omega$

$$\|P^m(x, \cdot) - \pi\|_{TV}^2 \leq \frac{1}{4} \left[\frac{P^{2m}(x, x)}{\pi(x)} - 1 \right]$$

ii) if the chain satisfies $P(x, x) \geq \frac{1}{2} \quad \forall x$, then

$$\tau_{\text{mix}}\left(\frac{1}{4}\right) \leq 2 \max_{x \in \Omega} E_{\pi}(\tau_x) + 1$$

[remark]: note that by conditioning on X_0 ,

$$E_{\pi}(\tau_x) = \sum_{y \in \Omega} E_y(\tau_x) \pi(y) \leq \max_{y \in \Omega} E_y(\tau_x) \leq \tau_{\text{hit}}$$

Proposition 10.18:

Let P be the transition matrix for a finite reversible chain on state space Ω with stationary distribution π .

$$i) \forall t \geq 0, x \in \Omega \quad P^{2t+2}(x, x) \leq P^{2t}(x, x)$$

ii) If chain P_L is lazy, that is $P_L(x, x) \geq \frac{1}{2} \forall x$, then $\forall t \geq 0, x \in \Omega$ we have that $P_L^{t+1}(x, x) \leq P_L^t(x, x)$

proof:

i) since $P^{2t+2}(x, x) = \sum_{y, z \in \Omega} P^t(x, y) P^2(y, z) P^t(z, x)$ we have that

$$\pi(x) P^{2t+2}(x, x) = \sum_{y, z \in \Omega} P^t(y, x) \pi(y) P^2(y, z) P(z, x) = \sum_{y, z \in \Omega} \Psi(y, z) \Psi(z, y)$$

$$\text{where } \Psi(y, z) = P^t(y, z) \sqrt{\pi(y) P^2(y, z)}.$$

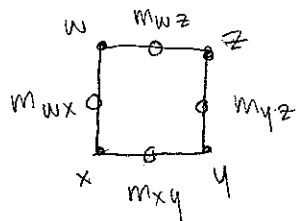
then by Cauchy-Schwarz, the right hand side is at most

$$\sum_{y, z \in \Omega} \Psi(y, z)^2 = \sum_{y \in \Omega} [P^t(y, x)]^2 \pi(y) = \pi(x) P^{2t}(x, x)$$

so this gives that $\pi(x) P^{2t+2}(x, x) \leq \pi(x) P^{2t}(x, x)$ and

$$\text{thus } P^{2t+2}(x, x) \leq P^{2t}(x, x).$$

ii) now given a lazy chain $P_L = (P + I)/2$, enlarge the state space by adding a new state $m_{xy} = m_{yx}$ for each pair $x, y \in \Omega$.



on the larger state space Ω_k , define a transition matrix k by

$$k(x, m_{xy}) = P(x, y) \quad x, y \in \Omega$$

$$k(m_{xy}, x) = k(m_{xy}, y) = 1/2 \quad x \neq y$$

$$k(m_{xy}, x) = 1 \quad \forall x$$

and other transitions having k -probability 0. Then k is reversible with stationary measure π_k given by

$$\pi_k(x) = \frac{\pi(x)}{2} \text{ for } x \in \Omega \text{ and } \pi_k(m_{xy}) = \pi(x) P(x, y). \quad \text{cont} \rightarrow$$

proof of prop. 10.18 (continued)

So we can see $k^2(x,y) = P_L(x,y)$ for $x,y \in \Omega$, so $k^{2^t}(x,y) = P_L^{2^t}(x,y)$ and so by monotonicity the claim follows. $\blacksquare$

$\square$ proposition 10.19: (hitting time from stationary)

consider a finite irreducible aperiodic chain with transition matrix P with stationary distribution π on Ω . then for any $x \in \Omega$,

$$\pi(x) E_\pi(T_x) = \sum_{t=0}^{\infty} [P^t(x,x) - \pi(x)]$$

proof: (by stopping times)

define $T_x^{(m)} := \min \{t \geq m : X_t = x\}$ and write $\mu_m := P^m(x, \cdot)$.

Now by the convergence theorem (4.9) μ_m tends to π as $m \rightarrow \infty$. So by the previous lemma,

$$\sum_{k=0}^{m-1} P^k(x,x) = \pi(x) E_x(T_x^{(m)}) = \pi(x) [m + E_{\mu_m}(T_x)]$$

$$\text{thus } \sum_{k=0}^{m-1} [P^k(x,x) - \pi(x)] = \pi(x) E_{\mu_m}(T_x).$$

now by taking $m \rightarrow \infty$, we get the desired result. $\blacksquare$

proof of theorem!

1) by cauchy-schwartz we have

$$\left(\frac{1}{2} \sum_{y \in \Omega} \pi(y) \left| \frac{P^m(x,y)}{\pi(y)} - 1 \right| \right)^2 \leq \frac{1}{4} \sum_{y \in \Omega} \pi(y) \left[\frac{P^m(x,y)}{\pi(y)} - 1 \right]^2$$

therefore

$$\|P^m(x, \cdot) - \pi\|_\pi^2 \leq \frac{1}{4} \sum_{y \in \Omega} \left[\frac{P^m(x,y) P^m(y,x)}{\pi(x)} - 2P^m(x,y) + 1 \right]$$

$$= \frac{1}{4} \left[\frac{P^{2m}(x,x)}{\pi(x)} - 1 \right]$$

cont.
 $\rightarrow$

proof of theorem (continued)

(11)

11) by prop. 10.19 and monotonicity in 10.18 11), for any $m > 0$ we have

$$\pi(x) E_{\pi}(\tau_x) \geq \sum_{k=1}^{2m} [P^k(x, x) - \pi(x)] \geq 2m [P^{2m}(x, x) - \pi(x)]$$

so dividing by $8m\pi(x)$ and using part 1) we have

$$\frac{E_{\pi}(\tau_x)}{8m} \geq \|P^m(x, \cdot) - \pi\|_{TV}^2$$

$$\text{and so for } m \geq 2E_{\pi}(\tau_x), \quad \frac{E_{\pi}(\tau_x)}{8m} \leq \frac{1}{16}$$



[ex 10.20]

Lazy Random Walk on the Cycle:

so we've previously shown for a lazy random walk on $\mathbb{Z}_n$, $t_{\text{mix}} \leq n^2$, but now we can also use theorem 10.14.

So label the states of $\mathbb{Z}_n$ with $\{0, 1, \dots, n-1\}$. Now by identifying the states 0 and n , we can see that $E_k(\tau_0)$ for the lazy simple random walk on the cycle must be the same as the expected time to ruin or success in a lazy gambler's ruin on the path $\{0, 1, \dots, n\}$. Therefore for a lazy simple random walk on the cycle, by ex. 2.1 we have

$$t_{\text{hit}} = \max_{x, y} E_x(\tau_y) = \max_{0 \leq k \leq n} 2k(n-k) = \left\lfloor \frac{n^2}{2} \right\rfloor$$

so now the theorem gives $t_{\text{mix}} \leq n^2 + 1$