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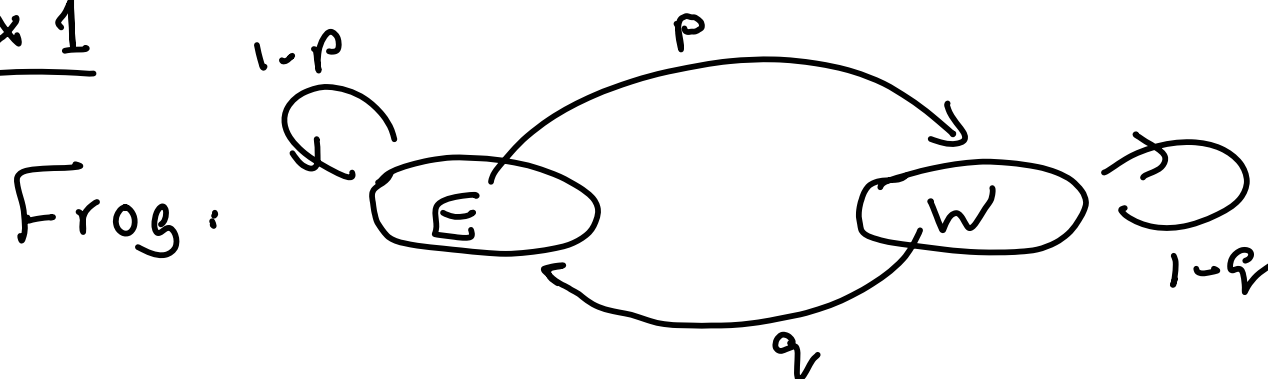
Chapter 4: Mixing

Total Variation Distance

Let μ, ν be 2 distributions on Ω .

$$\|\mu - \nu\|_{TV} = \max_{A \subseteq \Omega} |\mu(A) - \nu(A)|$$

Ex 1



Steady State: $\pi = \left(\frac{q}{p+q}, \frac{p}{p+q} \right)$

Events: $A = \emptyset, \Omega, \{E\}, \{W\}$

μ_t = distribution after t steps

$$\Delta_t = \underbrace{\mu_t(E) - \pi(E)}_{\| \mu_t - \pi \|} = (1-p-q)^t \Delta_0$$

$\Downarrow$
0

$\uparrow$
 $\frac{p}{p+q}$

Prop 4.2

$$\|\mu - \nu\|_{TV} = \frac{1}{2} \sum_{x \in \Omega} |\mu(x) - \nu(x)|$$

$$= \sum_{x \in \Omega} (\mu(x) - \nu(x))$$

$B \leftarrow \left\{ \begin{array}{l} x \in \Omega \\ \mu(x) \geq \nu(x) \end{array} \right.$

Proof

$$A \subseteq \Omega. \quad \mu(A) - \nu(A) \leq \mu(A \cap B) - \nu(A \cap B) \\ \leq \mu(B) - \nu(B)$$

$$\nu(A) - \mu(A) \leq \nu(B^c) - \mu(B^c) \\ = \mu(B) - \nu(B)$$

□

P4.4

$$\|\mu - \nu\|_{TV} \leq \|\mu - \eta\|_{TV} + \|\eta - \nu\|_{TV}$$

P4.5

$$\|\mu - \nu\|_{TV} = \frac{1}{2} \sup_{\|f\| \leq 1} \left\{ \sum_{n \in \Omega} \mu(n) f(n) - \sum_{n \in \Omega} \nu(n) f(n) \right\}$$

Proof

$$\begin{aligned} \frac{1}{2} \left(\sum_{n \in \Omega} \mu(n) f(n) - \sum_{n \in \Omega} \nu(n) f(n) \right) &\leq \frac{1}{2} \sum_{n \in \Omega} |f(n)| \cdot |\mu(n) - \nu(n)| \\ &\leq \|\mu - \nu\|_{TV} \end{aligned}$$

Now let

$$f^*(x) = \begin{cases} 1 & : \mu(x) \geq \nu(x) \\ -1 & : \mu(x) < \nu(x) \end{cases}$$

$$\frac{1}{2} \left(\sum_{x \in \Omega} f^*(x) \mu(x) - \sum_{x \in \Omega} f^*(x) \nu(x) \right)$$

$$= \frac{1}{2} \left(\mu(B) - \mu(B^c) - (\nu(B) - \nu(B^c)) \right)$$

$$= \mu(B) - \nu(B)$$

$$= \|\mu - \nu\|_{TV}$$

4.2 Coupling

A coupling of distributions

μ, ν on Ω is a pair of random variables (X, Y) such that

$$\underbrace{P_r(X=x)}_{\text{marginal}} = \sum_{y \in \Omega} \underbrace{P_r(X=x, Y=y)}_{q(x,y)} = \mu(x)$$

$$P_r(Y=y) = \sum_x q(x,y) = \nu(y)$$

Simple Example

$$\Omega = \{H, T\}$$

$$(I) \quad \begin{array}{cc} & \begin{array}{c} H \\ T \end{array} \\ \begin{array}{c} H \\ T \end{array} & \begin{bmatrix} \frac{1}{4} & \frac{1}{4} \\ \frac{1}{4} & \frac{1}{4} \end{bmatrix} \end{array}$$

$$Q = \uparrow q(x, y)$$

X & Y independent

$$(II) \quad \begin{array}{cc} & \begin{array}{c} H \\ T \end{array} \\ \begin{array}{c} H \\ T \end{array} & \begin{bmatrix} \frac{1}{2} & \frac{1}{2} \\ \frac{1}{2} & \frac{1}{2} \end{bmatrix} \end{array}$$

$X \Rightarrow Y$

In general

$$\begin{array}{cc} & \begin{array}{c} H \\ T \end{array} \\ \begin{array}{c} H \\ T \end{array} & \begin{bmatrix} \alpha & \frac{1}{2} - \alpha \\ \frac{1}{2} - \alpha & \alpha \end{bmatrix} \end{array}$$

Coupling Lemma

P4.7

$$\|\mu - \nu\|_{TV} = \inf [P[X \neq Y] : (X, Y) \text{ is a coupling of } \mu, \nu]$$

Proof

Fix $A \subseteq \Omega$

$$\mu(A) - \nu(A) = P[X \in A] - P[Y \in A] = \sum_{\substack{x \in A \\ y \in \Omega}} q(x, y) - \sum_{\substack{x \in \Omega \\ y \in A}} q(x, y)$$

$$\mu(A) - \nu(A) = P[X \in A] - P[Y \in A] = \sum_{\substack{x \in A \\ y \in \Omega}} q(x, y) - \sum_{\substack{x \in \Omega \\ y \in A}} q(x, y)$$

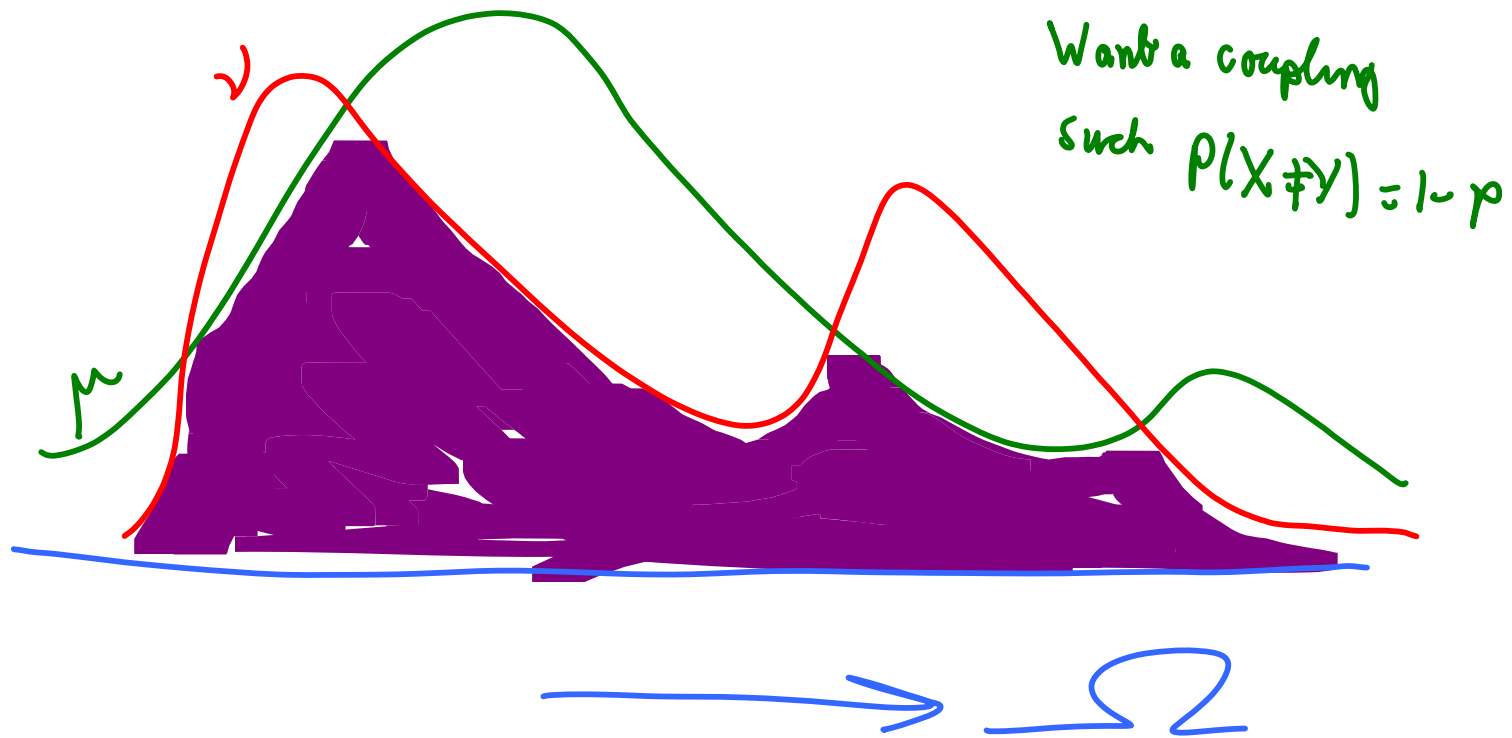
$$\leq \sum_{\substack{x \in A \\ y \in \Omega}} q(x, y) - \sum_{\substack{x \in A \\ y \in A}} q(x, y)$$

$$= \sum_{\substack{x \in A \\ y \notin A}} q(x, y)$$

$$\| \cdot \|_{TV} \leq \inf$$

$$\leq P[X \neq Y]$$

Now we want the maximal coupling.



$$p = \sum_{x \in \Omega} \min \{ \mu(x), \nu(x) \} = 1 - \|\mu - \nu\|_{TV}$$

$$\sum_{x \in B} \nu(x) + \sum_{x \in B^c} \mu(x) = \nu(B) + 1 - \mu(B)$$

With probability p : $X=Y=x$ according to $\frac{\mu(x) \wedge \nu(x)}{p}$ $\wedge \equiv \min$

With probability $1-p$: $\xi^+ = \max\{0, \xi\}$

$X \neq Y$ {

$X=x$, prob $\frac{(\mu(x) - \nu(x))^+}{1-p} = \gamma_1(x)$

$Y=y$, prob $\frac{(\nu(y) - \mu(y))^+}{1-p} = \gamma_2(y)$

$$P[X=x] = p \times \frac{\mu(x) \wedge \nu(x)}{p} + (1-p) \frac{(\mu(x) - \nu(x))^+}{1-p}$$

$$= \mu(x)$$

$$P[Y=y] = \nu(y)$$

$P[X \neq Y] = 1-p$

$= \|\mu - \nu\|_{TV}$